

## English Newsletter 1/2024

### Events in 2024

#### **1<sup>st</sup> International Online-Conference for Schema Therapy for Children and Adolescents**

**Website: [www.st-ca-conference.de](http://www.st-ca-conference.de)**



*Topic of the Conference: Creative Approaches in ST-CA*

**Date: 2nd of November, 2024 – via Zoom <sup>(R)</sup>**

**Objectives.** The aim of this Online Conference is to present creative and age-appropriate approaches within the schema therapeutic framework for younger clients and their parental caregivers. These approaches provide clients with a better understanding of their own schemas, modes, and emotional needs and how they are linked to the difficult feelings and dysfunctional behaviours that they seek help for in therapy.

**Who is this conference for?** This conference is suitable for a range of professionals who practice psychotherapy, including psychiatrists, psychologists, social workers, and other professions with psychotherapy training, according to legislation or rules in their country, and if possible have undertaken some training and/or certification in ST-CA or Schema Therapy for individual adults (according to ISST e.V.) Both beginners and advanced practitioners are invited and should benefit. This ensures certification by the ISST with 6 didactic hours, provided the participants are present the whole day.

**The lectures will be recorded on video and made available to conference participants on request afterwards.**

Please register via the IST Cologne: <https://schematherapie-koeln.de/online-learning>

## Online Group Supervision ST-CA

(2 places left, register/apply now – it is starting soon)

11.04., 18.04., 02.05., 16.05., 06.06., 27.06.2024 (Thursday, 13:00-15:00h; CEST)

In addition to the training in ST-CA of becoming a certified schema therapist for children and adolescents (ISST e.V.), the IST-Cologne offers the opportunity to participate in Online Group-Supervision courses, led by Dr. Christof Loose.

More info here: <https://schematherapie-koeln.de/online-learning>

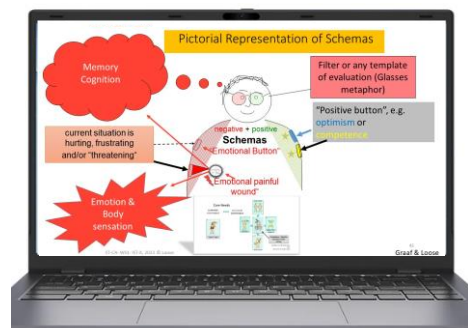


## Online-Workshops in 2024/25 – Webinare!

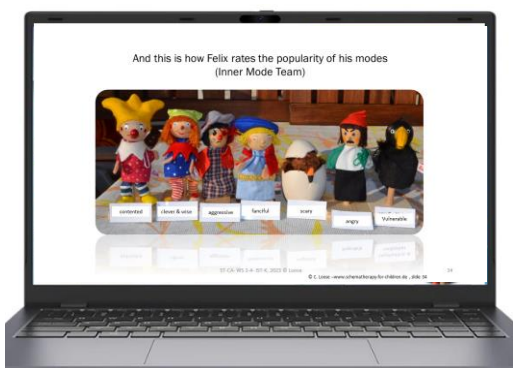
ISST-accredited - Referent/Trainer: Dr. Christof Loose

Introductory 2-day Workshop (WS 1, 16 UE):

22.-23.11.2024 (9:00-17:00h, CET, German time)



Immersion workshops: WS 2, WS 3, and WS 4 (as package only)



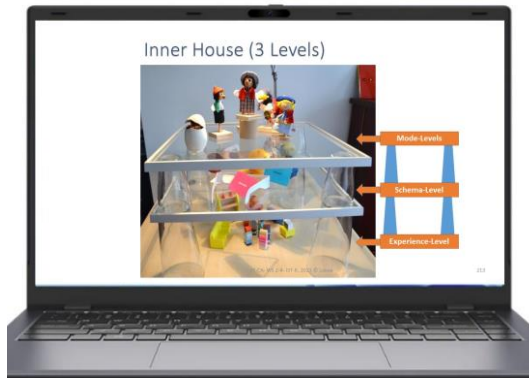
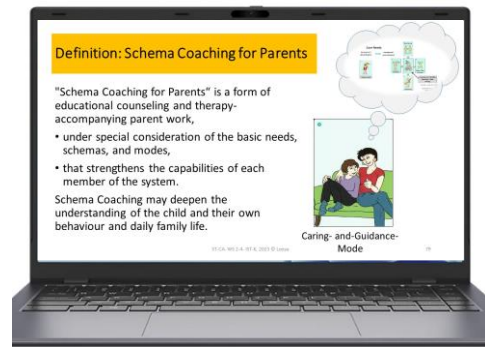
WS 2 (ST for Children and Adolescents):  
25.11., 02.12., 09.12. und 16.12.2024

(12:00-15:15h, CET, German time)

**WS 3 (ST for Parents):**

**27.01., 03.02., 24.02., 03.03, 2025**

**(12:00-15:15h, CET, German time)**



**WS 4 (Case Concept, Inner House, Play Therapy):**

**31.03., 07.04., 28.04., 05.05.2025**

**(12:00-15:15h, CEST, German time)**

**International Conference for Schema Therapy (INSPIRE) – including ST-CA**



Following a 2-year cycle once again, the International Conference on Schema Therapy will take place this year in Warsaw, Poland. Both the venue and the conference program promise to be another highlight in the history of ISST conferences. Schema Therapy for Children and Adolescents (ST-CA) will also be presented live and online on the international stage. Join us as the latest research findings and newest concepts are presented. Additional information can be found on the website:

<https://schematherapysociety.org/>

## New Committee in the ISST for Schema Therapy with Children and Adolescents

In the summer of 2023, the board has finally decided to pave the way for a new ISST committee for children and adolescents under the leadership of Christof Loose as Chair. The new committee will address issues related to schema therapy for children and adolescents in the coming months (e.g., curriculum, criteria for certification, etc.).

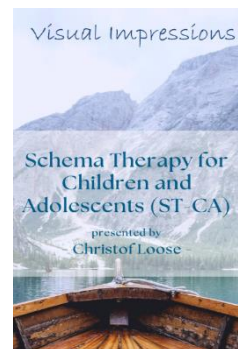


The committee consists of the following members (in alphabetical order of their first names): Diana Teodorescu (Romania), Estelle Valerie Macdonald (New Zealand), Gal Geffen (Israel), Janine Peckham (Germany/Australia), Katerina Aggeli (Greece), Maria Galimzyanova (Russia), Nicole Haubitz (Germany), and Paul Kasyanik (Russia).

Further information can be found here: <https://www.schematherapysociety.org/Child-and-Adolescent-Certification>

## Be update in ST-CA via Social Media:

Furthermore, we would like to draw attention to the abundant material on ST-CA available on social media, which can be accessed free of charge at any time. Sign up, and you will automatically receive a notification whenever one of the social media platforms posts a new ST-CA contribution.



Example Instagram: [Link](#)

Facebook: <https://www.facebook.com/schematherapyforchildren/>

Instagram: <https://www.instagram.com/schematherapyforchildren/>

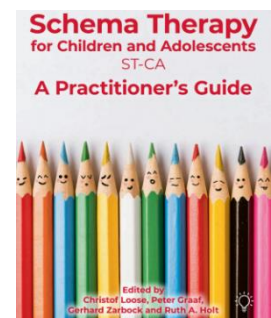
Youtube: <https://www.youtube.com/channel/UCbPDpQQ-01EquPnCvMhS5HQ/videos>

Linkedin: <https://www.linkedin.com/in/christof-loose-bbaa5554/>

Last, not least:

## Check your knowledge in Schema Therapy for Children and Adolescents

- ☑ The first book to adapt Schema Therapy for children and adolescents (ST-CA) in English
- ☑ Presents the ST-CA model and provides a clear, practical guide to clinical implementation
- ☑ Approaches schemas and modes in developmental stages
- ☑ Provides specific guidance and creative ideas for engaging young people in each age group across the 5 key stages from infancy to age 23



**New:** 3 enriching assessments about the first three chapters of the ST-CA book; free of charge! Please, try, and get a Certificate of Completion afterwards.

<https://www.flexiquiz.com/SC/N/ST-CA-assessment-chapter1>

<https://www.flexiquiz.com/SC/N/ST-CA-assessment-chapter2>

<https://www.flexiquiz.com/SC/N/ST-CA-assessment-chapter3>