

A scenic view of a mountain lake with a wooden boat in the foreground and steep mountains in the background. The water is a vibrant turquoise color, and the mountains are rugged and grey. The sky is overcast.

10 years of

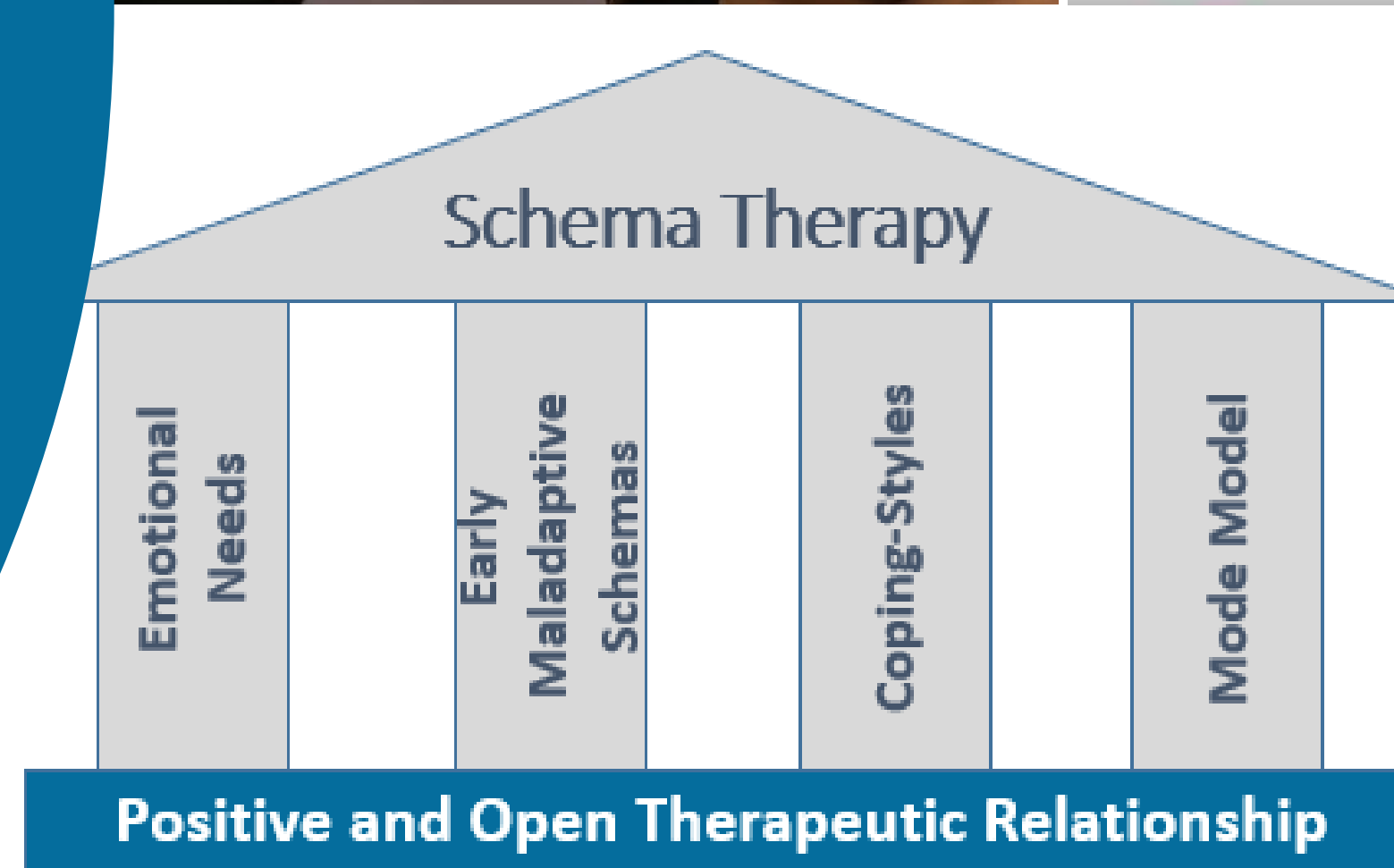
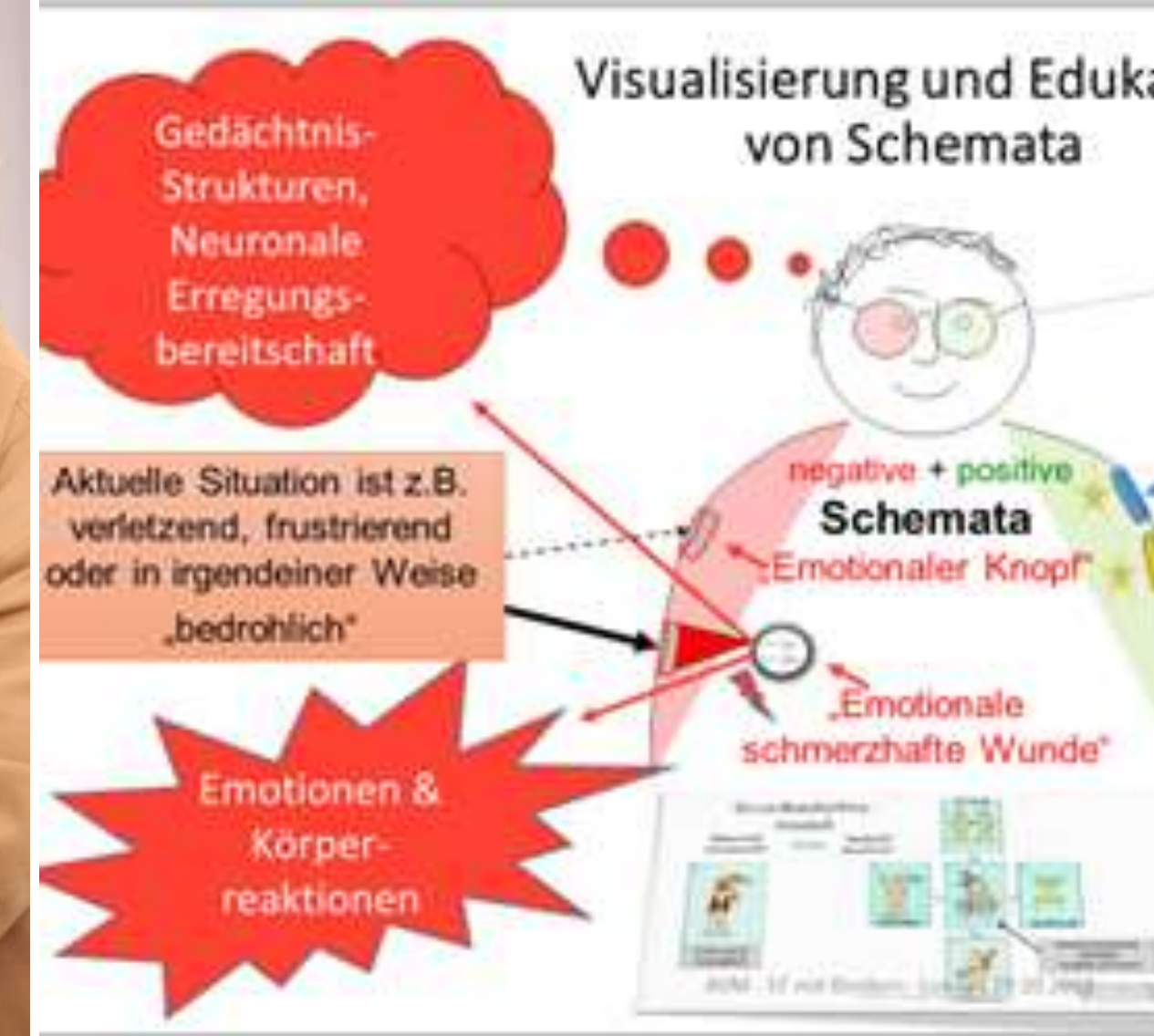
Schema Therapy for Children and  
Adolescents (ST-CA)



A world map with a light gray background and a blue horizontal band across the center. The map is marked with several blue location pins. A large cluster of pins is located in Europe, with smaller groups in North America, South America, and Australia. The text "Presented" is written in white on the blue band, and "all over the world" is written in blue below it.

Presented  
all over the world

# Evaluation of the ST-CA workshops at IST-K (2013-2022)



# Evaluation

of the ST-CA  
workshops at IST-K  
(2013-2022)

## **Organizer:**

Institute for Schema Therapy in  
Cologne (IST-K)

## **Trainer:**

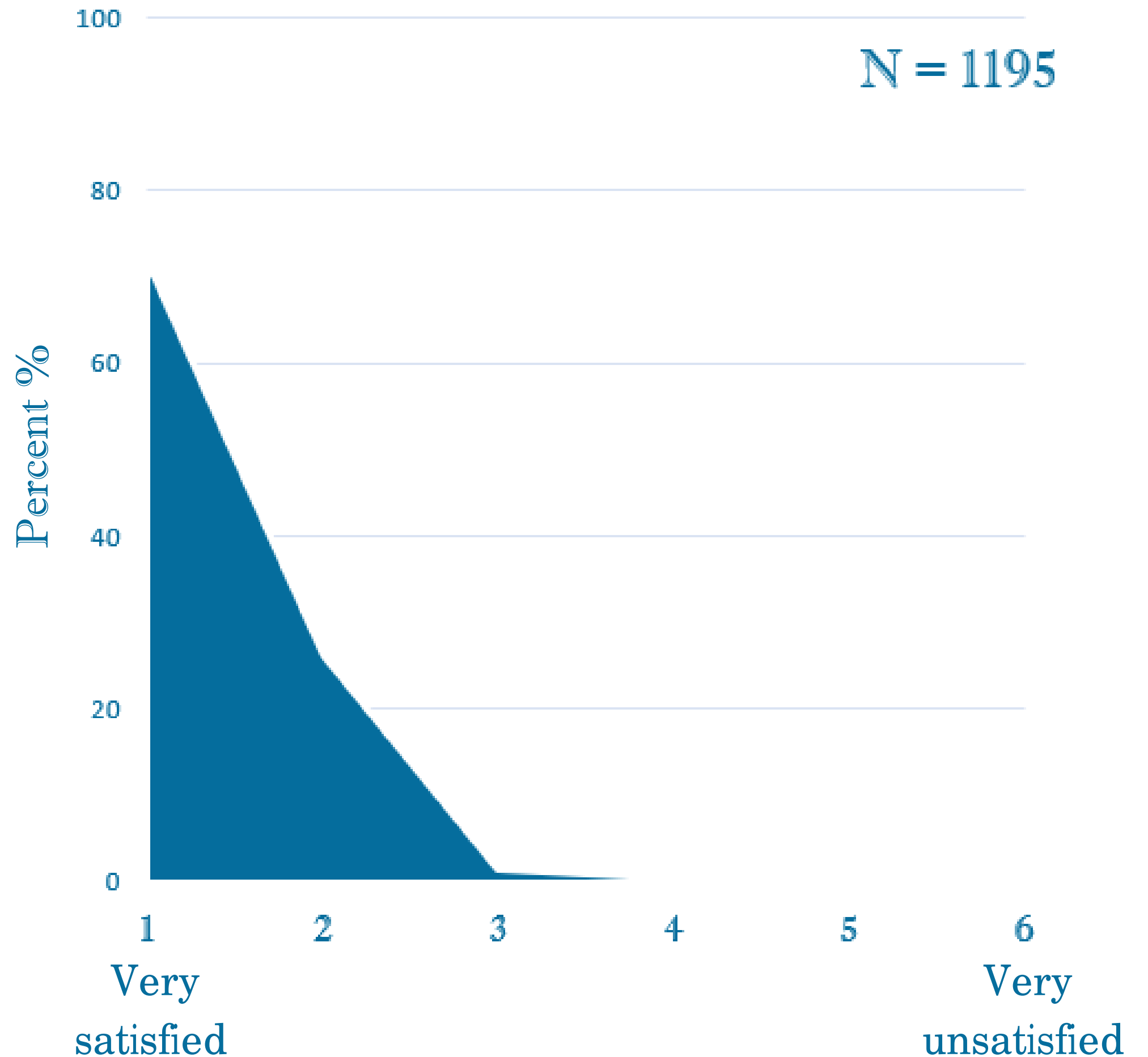
Christof Loose

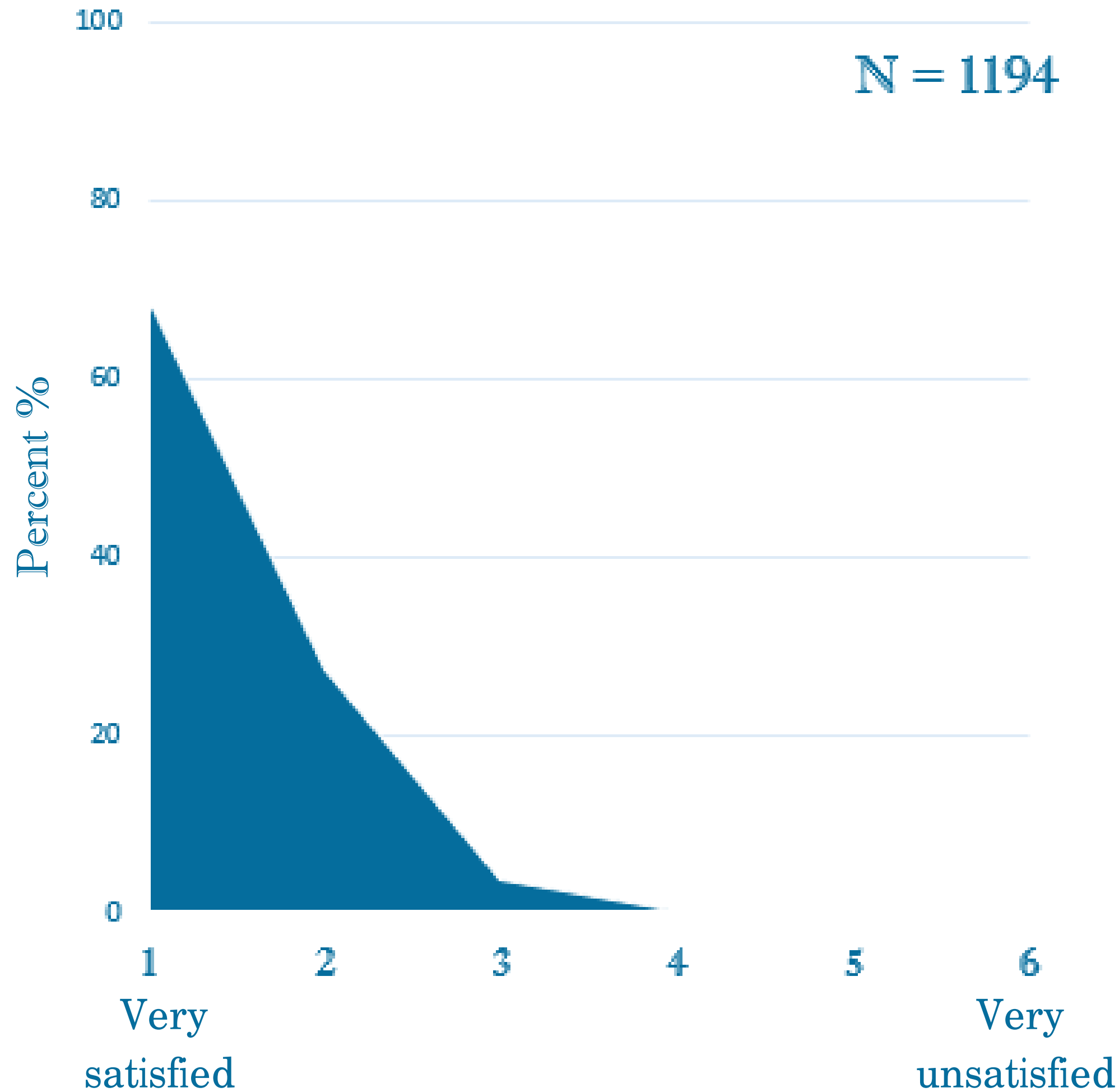
## **Participants:**

Licensed Psychotherapists  
(mostly trained in CBT for C/A)



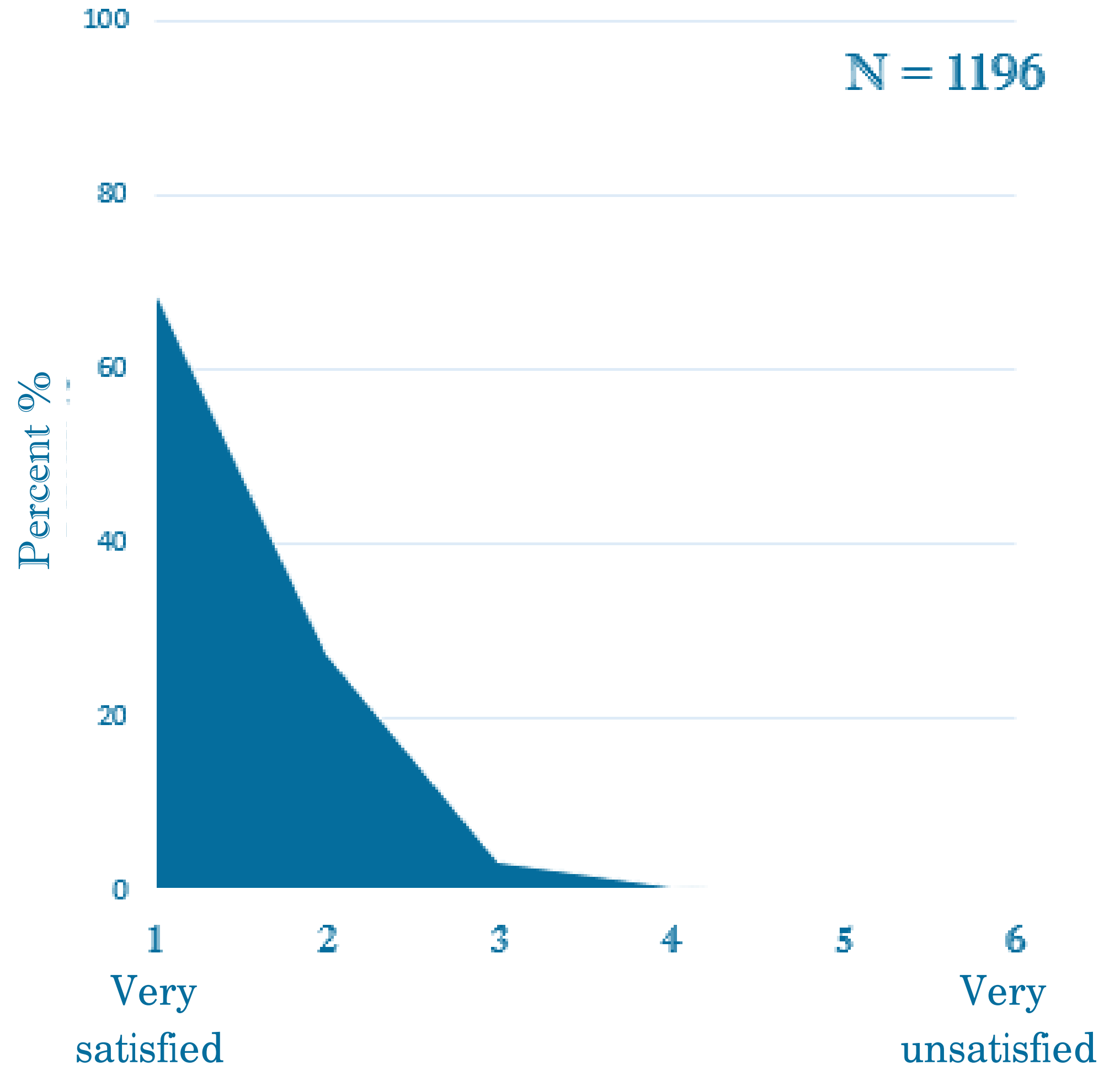
# How satisfied were you with the information content?



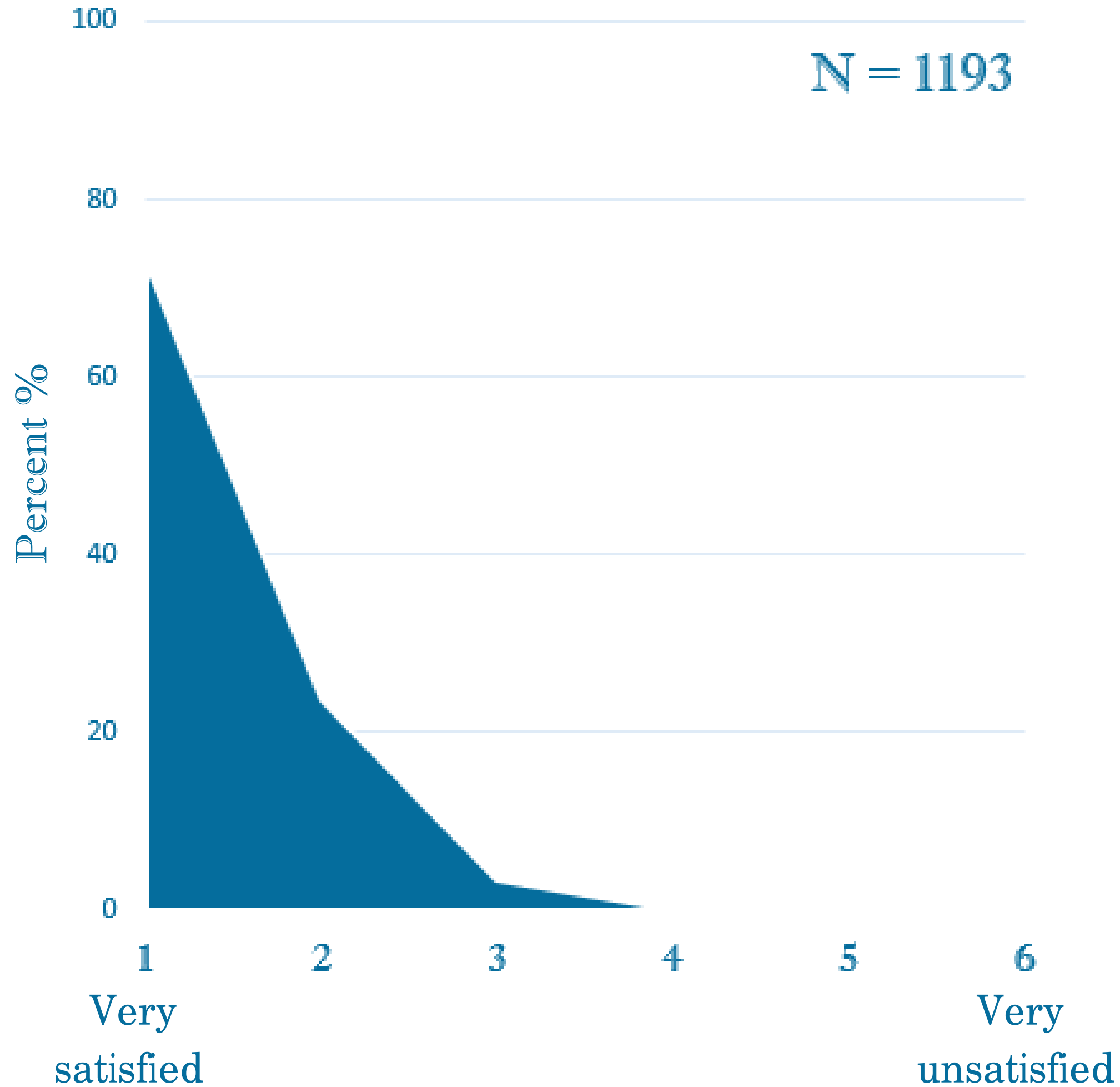


**How satisfied were you with the content-related conception?**

# How satisfied were you with didactical presentation?



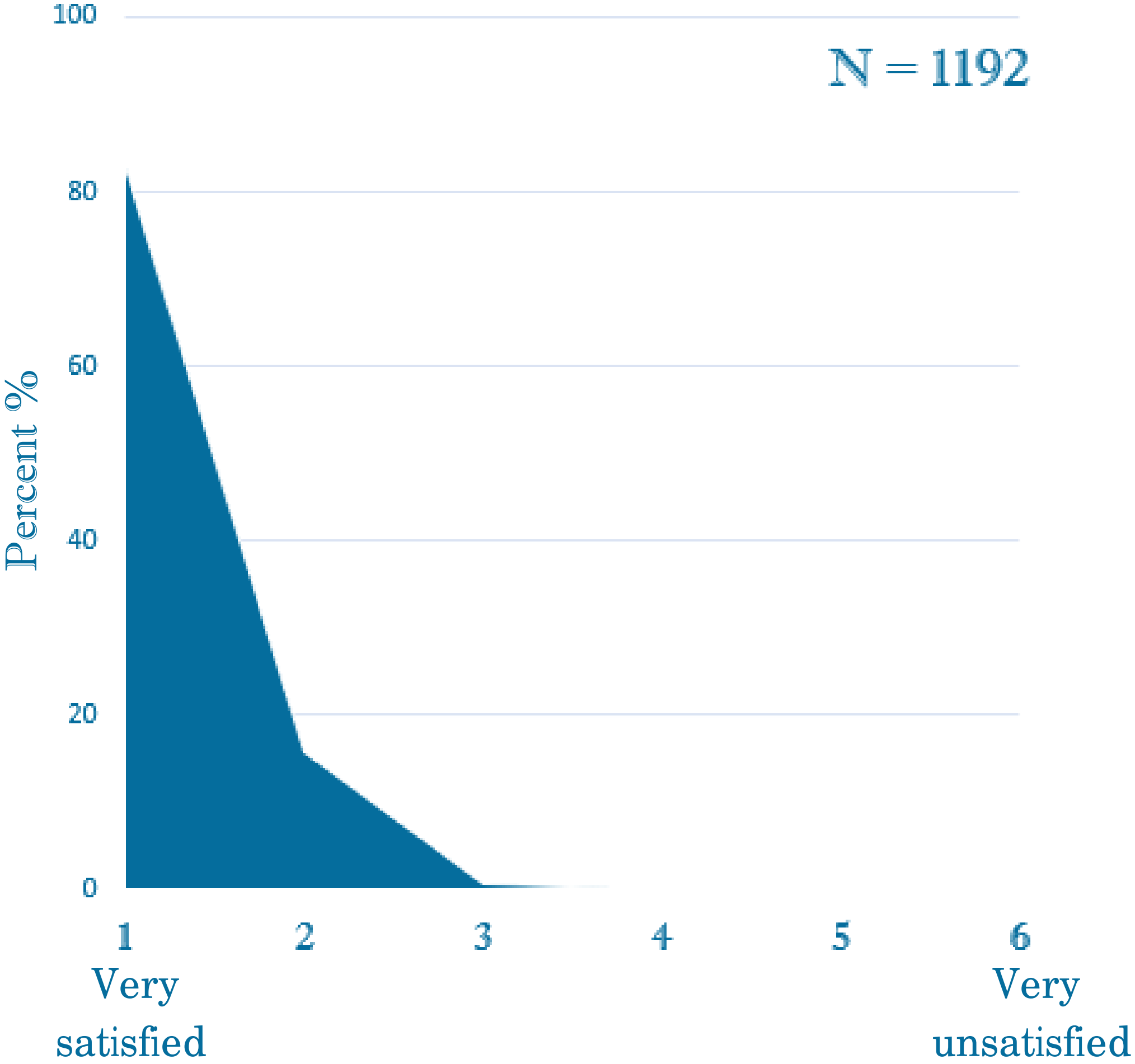
N = 1193

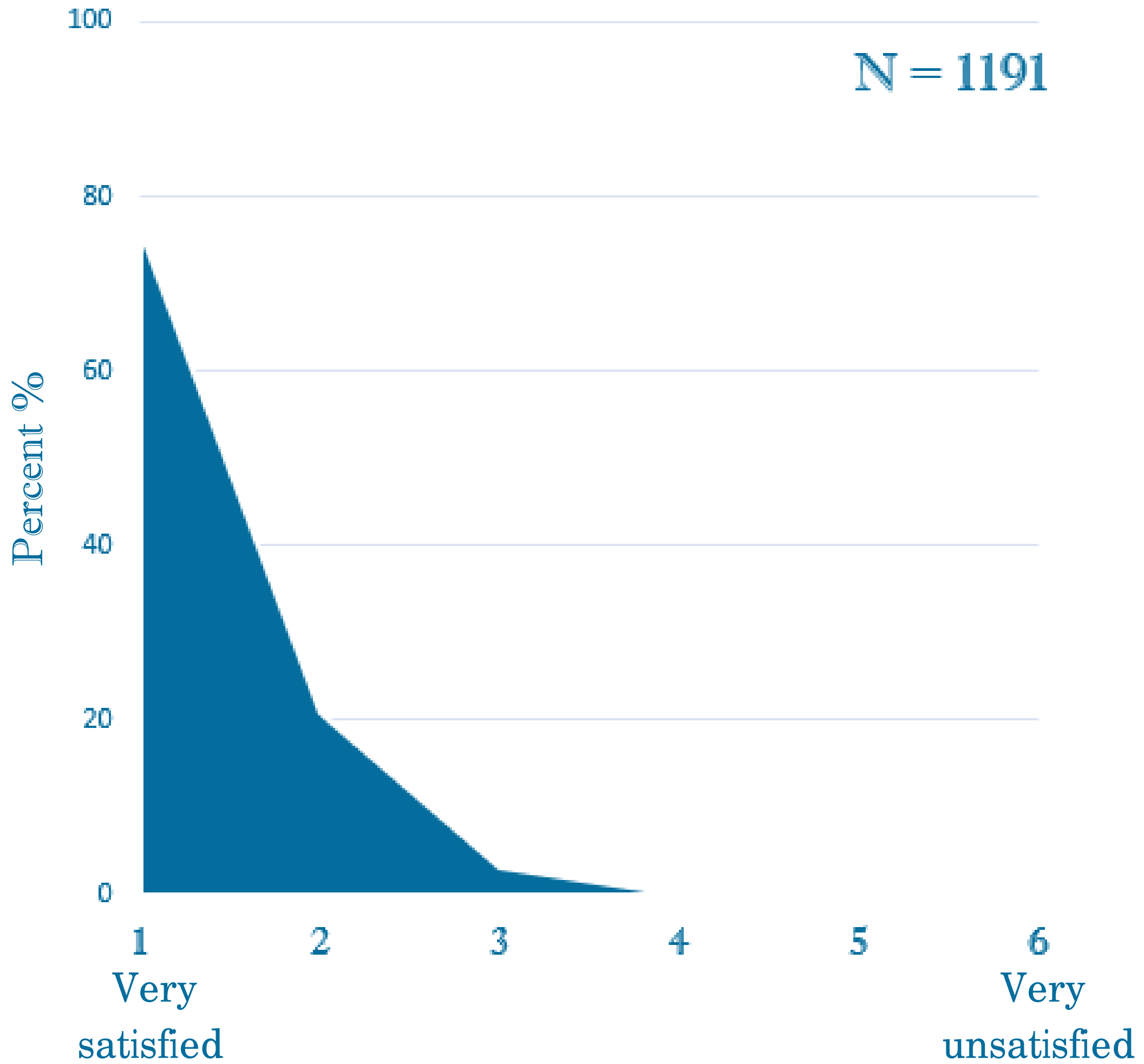


**How satisfied were you with the opportunities for active involvement?**



# How satisfied were you with the speaker?

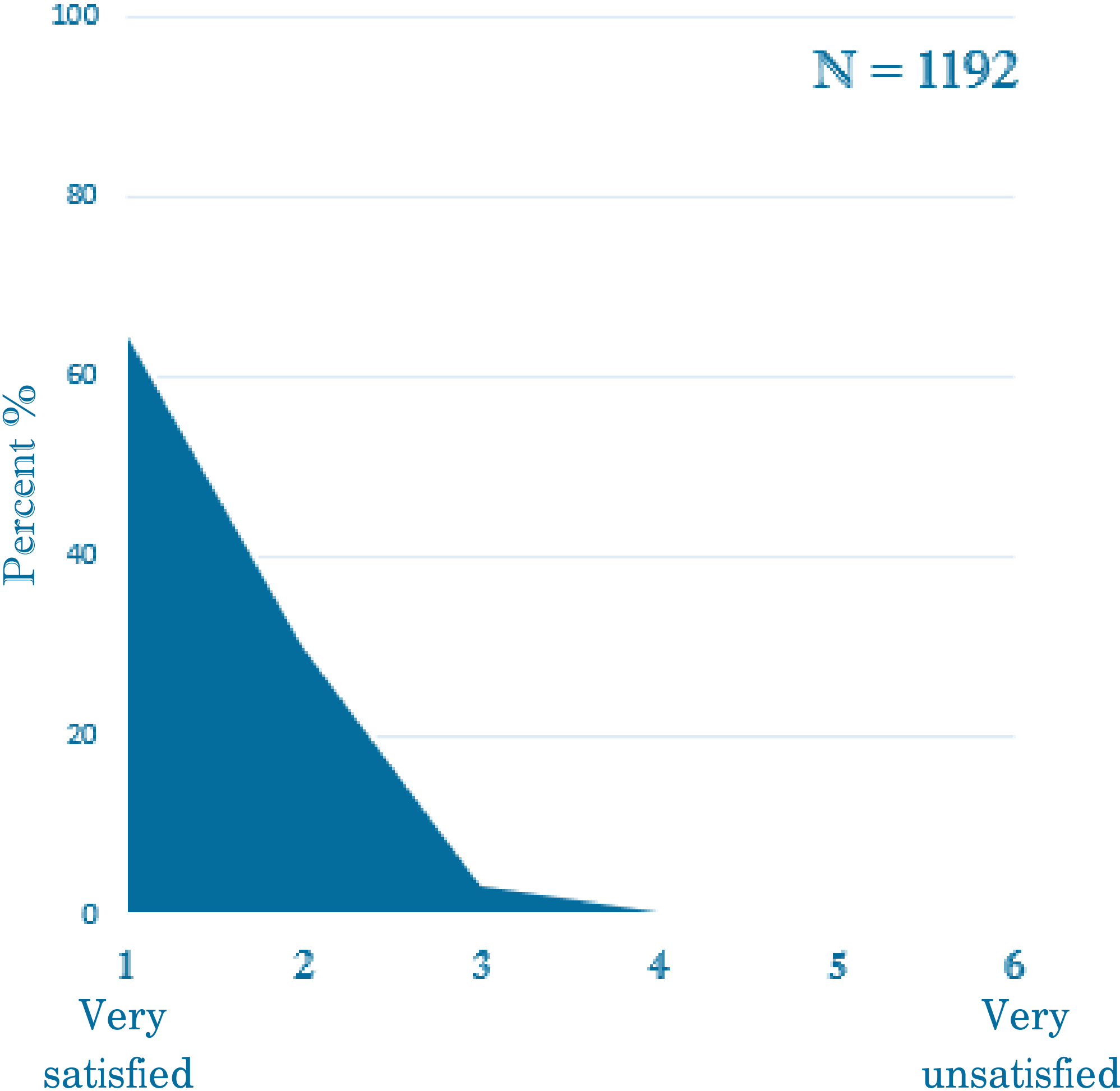


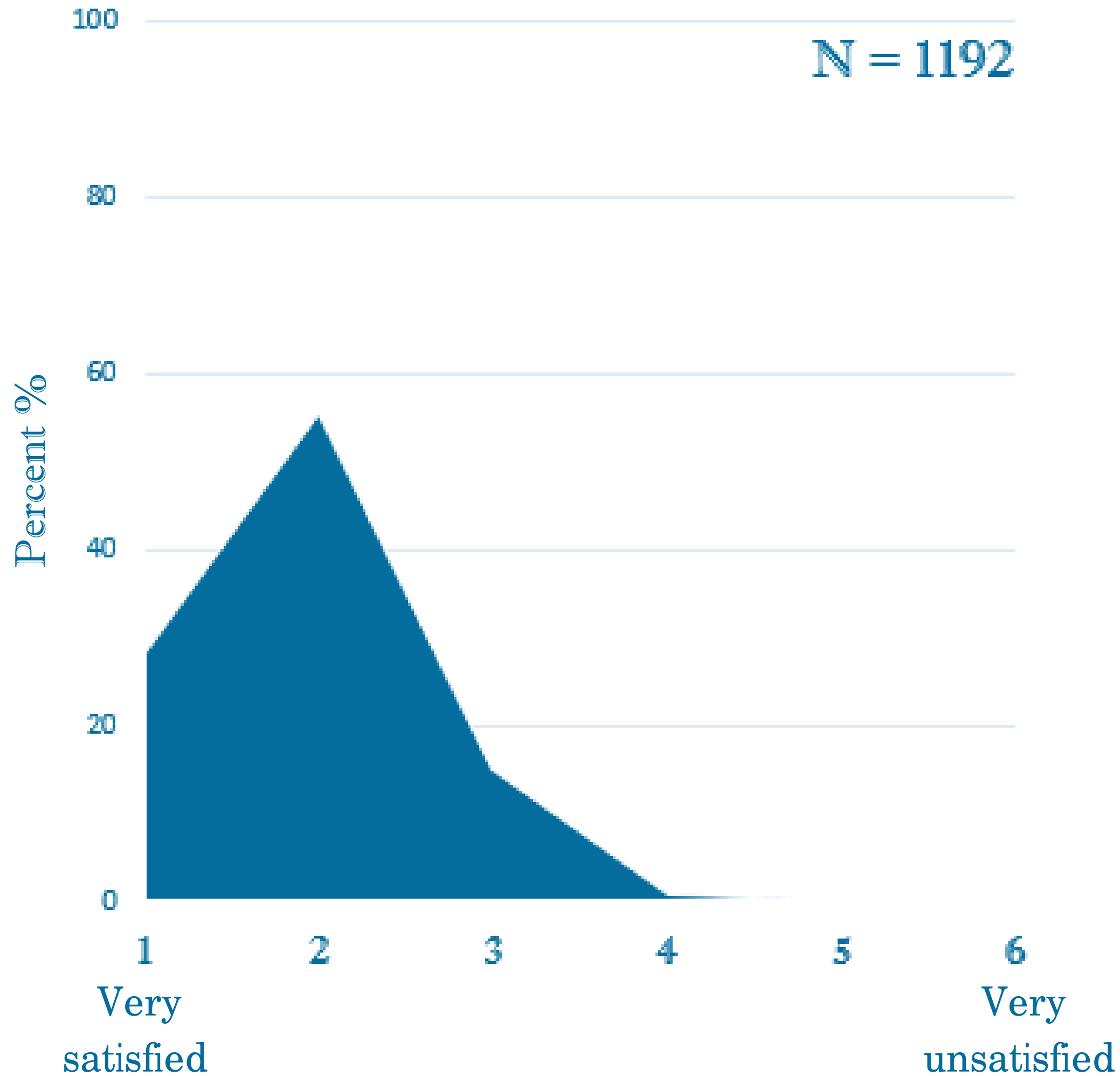


**How satisfied were you with the practical relevance?**



# How satisfied were you with the working atmosphere?

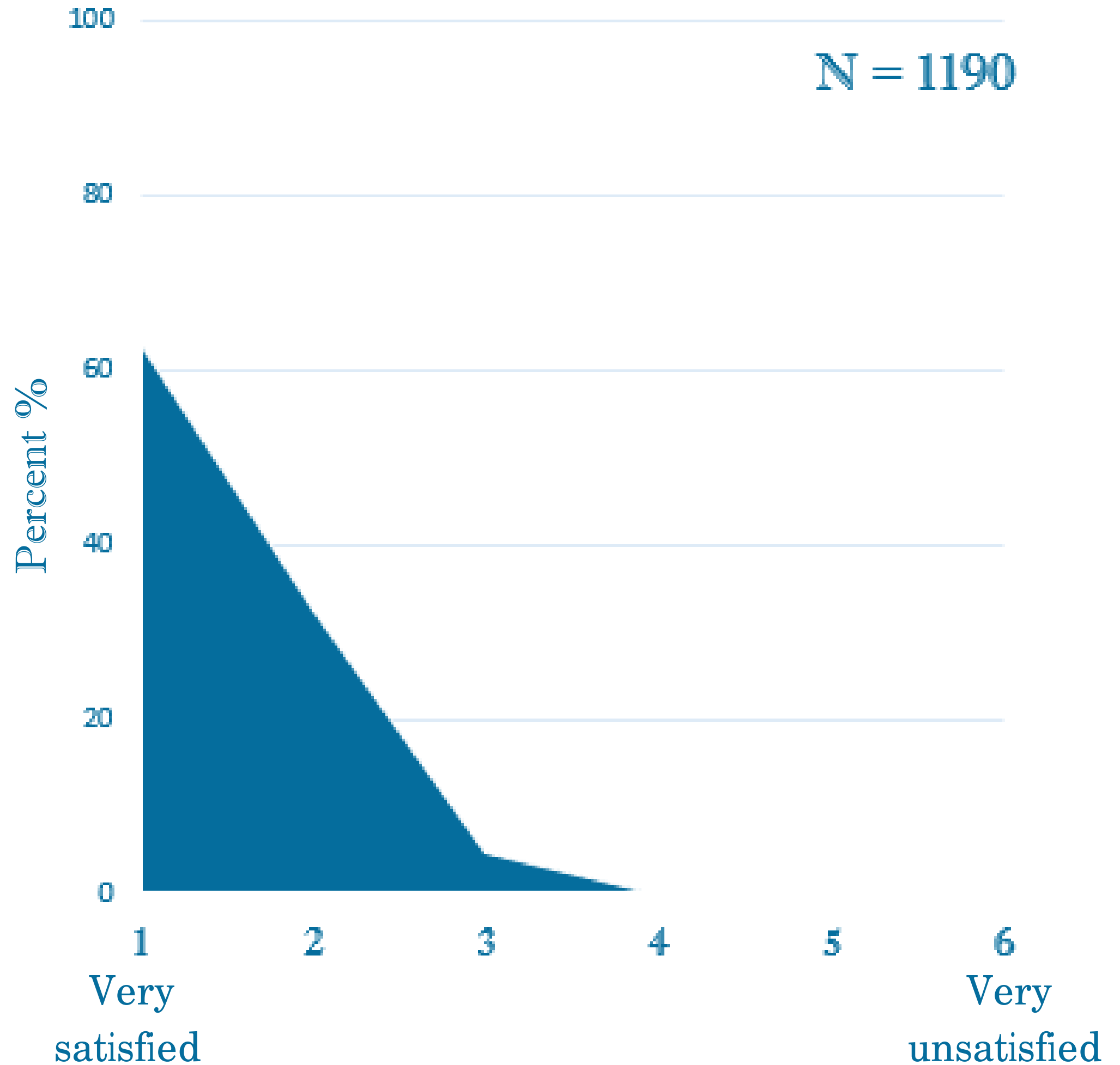




**How satisfied were you with your personal dedication during the event?**



How satisfied were you with the value for my personal practice?

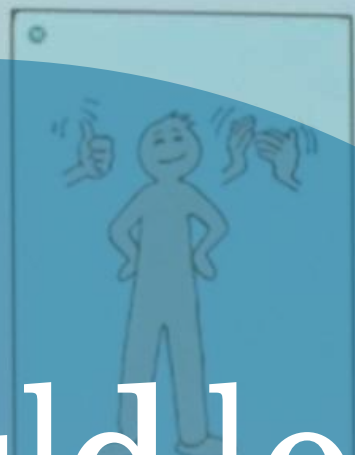


Materiell/  
existenziell

Seelisch/  
psychisch



Sicherheit &  
Gesundheit



Selbstwert



Spiel/Spaß

Konsistenzstreben  
Identität  
Struktur/Grenzen

Zarbock, Loose & Graaf, 2013;  
angelehnt an Grawe 2004  
Bed.-Karten: Graaf, 2016

We would love  
to see you in  
our upcoming  
workshops!



Dr. Dipl.-Psych. Loose





# Schema Therapy for Children and Adolescents (ST-CA)



Dr. Christof  
Loose

ST-CA is a powerful approach that brings the tools and techniques of Schema Therapy to the field of child and adolescent psychotherapy.

**Institut for Schema Therapy Cologne (IST-K)**



- established training institute (homepage: [www.schematherapie-koeln.de/online-learning.php](http://www.schematherapie-koeln.de/online-learning.php))
- regularly offers basic training in ST-CA
- accredited by the International Society for Schema Therapy (ISST e.V.)